

Where Science and Nature Come Together.®

FOODSCIENCE® of Vermont

Beauty & Brains™

Beauty & Brains™ is an advanced formula designed to support a woman's healthy body and mind throughout the aging process.* Some of its unique features include: Tremella and HyaMax™ brand H.A., a low Dalton weight Sodium Hyaluronate for optimal absorption and utilization, which helps to moisturize skin and support skin elasticity as well as maintain proper joint function.* A potent ORAC blend provides 1800 ORAC Units daily for powerful antioxidant and immune support while Alpha-GPC, L-Carnosine and phosphatidylserine enhance neurological function.* **Beauty & Brains™** provides ultimate support inside and out, from our own Nutri-Locks™ blend for hair and nail health to our bone-supporting herbal extracts.*

The ingredients in Beauty and Brains focus on:

- Healthy aging*
- Smooth, radiant skin*
- Maintaining hair color and health*
- Neurological support (nerve and brain function)*
- Memory, mental clarity & focus*
- Bone health & joint comfort*
- Cardiovascular health (circulation & vascular health)*
- Immune System function*

Visible Beauty

• Skin

- ORAC Blend, Grape Seed Extract, Green Tea, Resveratrol and Vitamins C and E as well as L-Carnosine help to counter the negative effects of free radicals, protect against oxidative damage and reduce the effects of aging.*
- ORAC provides antioxidants to help protect skin against oxygen, UV light and environmental pollutants.*
- Hyaluronic acid, Vitamin C, Grape Seed Extract and Green Tea work to keep skin supple by retaining its moisture and elasticity.*
- Tremella is known as the mushroom of beauty and was made popular by the Chinese Imperial Concubine Yang Guifei who is legendary as the most beautiful women in history. The Tremella mushroom contains a polysaccharide that has an excellent water holding capacity. It has been shown to hold water equivalent to nearly 500 times its weight, which is greater than hyaluronic acid at 400 times. Combining Tremella and Hyaluronic Acid in one formula offers a superior moisture retaining approach to hydrating and rejuvenating your skin.*

• Hair

- PABA, Choline, Inositol, Biotin, Silica and Pantothenic Acid promote overall hair health and color maintenance to keep color brilliant and to resist graying.*

Healthy Aging For the Mind

• Brain Health, Neurological Function & Memory

- Choline, Inositol, Phosphatidylserine and Alpha-GPC counteract the effects of stress, maintain memory, help neuron functioning, support cell membrane health and aid in cell to cell communication.*

• Antioxidant Protection

- ORAC, Grape Seed Extract and L-Carnosine (found in high levels in the brain) help protect cells against oxidative stress.* Grape Seed Extract is one of the few dietary antioxidants that readily crosses the blood-brain barrier to directly protect brain cells.*

Healthy Aging for the Body

• Bone Health and Joint Comfort

- Ipriflavone helps to inhibit the break down of bone and enhance the absorption of calcium into the bone.*
- Resveratrol has a positive estrogen like effect on bone health as it stimulates the proliferation of the bone-building cells (osteoblasts), to balance the bone building process.*
- Green Tea helps to modulate enzymes that can create joint discomfort.*

• Immunity

- Nutrients like Vitamin C, Grape Seed Extract and Green Tea help to support optimal immune system function.*

• Cardiovascular

- Resveratrol, ORAC Blend, Vitamin E, Green Tea, Inositol and Choline support cardiovascular health and function, help cope with stressors and protect LDL cholesterol from free radical damage.* They support the structural integrity of the vascular walls, provide antioxidant protection and promote circulation.*
- Grape Seed along with Vitamin C and Hyaluronic Acid aid vascular health by supporting the connective tissue and structural integrity of the vascular walls and skin.*

- **Beauty & Brains™** provides well-rounded nutritional support for graceful aging.* It is great for women at any stage of adult life.*

Supplement Facts

Amount per serving:

Vitamin C (ascorbic acid)	300 mg
Vitamin E (d-alpha tocopherol succinate)	75 IU
Folic acid	200 mcg
Brain Blend	600 mg
a proprietary blend of L-Carnosine, Phosphatidylserine (from soy) and Alpha GPC NutriLocks™ Proprietary Blend containing PABA, Choline, Inositol, Biotin, Silica and Pantothenic Acid.	
ORAC Blend	300 mg
A proprietary blend of Green Tea Extract, Grape Seed Extract, Apple, Blueberry, Broccoli, Cranberry, Kale, Orange, Prune, Raspberry, Spinach, and Strawberry Powders.	
Green Tea (Camellia sinensis L.) Leaf Extract	150 mg
yields EGCG	105 mg
Ipriflavone (from soy)	150 mg
Tremella (Tremella fuciformis)	
Mushroom Powder	100 mg
Grape Seed Extract	50 mg
yields proanthocyanidins	47.5 mg
Resveratrol	25 mg
yields trans-resveratrol	6.25 mg
Hyaluronic Acid (HyaMax™ brand Sodium Hyaluronate)	20 mg

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetable stearate.

• Contains: Soy.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

Suggested Use: As a dietary supplement, take 3 capsules, once daily with food.

NutriLocks™ is a trademark of FoodScience Corporation.
HyaMax™ is a trademark of Fenchem Enterprises Ltd.

Sold Exclusively Through Health Care Practitioners.

0300979.090 (90 Vegetarian Capsules)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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