

Where Science and Nature Come Together.®

**FOODSCIENCE**®  
*of Vermont*

## *Best Digest*™

- **Best Digest™ supports healthy functioning of the digestive and urinary tract systems.\***
- **Best Digest™ is exceptional support for:**
  - Digestive health\*
  - Structural and functional integrity of the GI tract\*
  - Food sensitivities\*
  - Genito-urinary tract health\*
  - People who may not be physically able to completely digest food due to poor bowel health, which can lead to digestive system dysfunction.\*
- **Best Digest™ is a combination of N-Acetyl Glucosamine, digestive enzymes and lactobacillus acidophilus that helps support the protective layers of the bowel, aid digestion, support those with food sensitivity reactions and support urinary tract health.\***
- **N-Acetyl Glucosamine (NAG)** is an amino sugar that is an essential building block for glycoproteins and glycosaminoglycans. The glycoprotein layer in the mucosal lining of the digestive tract has a high content of NAG. This layer is the protective barrier against stomach acids, pancreatic and stomach enzymes, and bacteria. Because of the need for constant protection, the cells of the mucosal lining replace themselves every 3-4 days. People with digestive dysfunction have a much higher cell turnover rate than normal.\* NAG helps to support the health and maintenance of the digestive tract lining.\*
- **Lactobacillus acidophilus** (non-dairy) is an acid producing, beneficial microbial or probiotic (flora) that helps maintain healthy intestinal flora, which may be destroyed by harmful bacteria. It aids in the manufacture of B vitamins, digestive enzymes and helps to maintain the proper pH in the gut.

- **Alfalfa** is an excellent source of Vitamin K, which helps the body maintain its own beneficial flora. Alfalfa provides chlorophyll for cleansing of the bloodstream.\*
- **Proteolytic Enzymes** (Pepsin, Papain, Bromelain) help to maintain and support healthy body tissues, as well as digestion, absorption and bioavailability of various nutrients.\*

### Supplement Facts

#### Serving Size: 2 Capsules

#### Amount Per Serving

N-Acetyl Glucosamine (from shrimp and crab)	500 mg
Lactobacillus acidophilus	28 million CFU
Pepsin	3 mg
Papain	3 mg
Bromelain	3 mg

Other ingredients: alfalfa powder, magnesium stearate, microcrystalline cellulose, silicon dioxide, gelatin.

- **Contains: Shellfish (shrimp and or crab).**

**Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

**Suggested Use:** As a dietary supplement, take 2 capsules, 2 to 3 times daily with food for 4 weeks. Then take 2 capsules daily.

Sold Exclusively Through Retailers.

0300374.120 (120 Capsules)

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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