

Where Science and Nature Come Together.®

FOODSCIENCE®
of Vermont

Bioflavonoid 1,000™

- **A bioflavonoid complex supplement with Hesperidin, Rutin and Bromelain.**

- **Bioflavonoids:**

- Are plant pigments found in every vascular plant. These pigments give flowers and foods their yellow, orange or red color.
- Enhance the effectiveness of Vitamin C.
- Support capillary strength and proper vascular function.*
- Are required by the body to help strengthen the overall immune system and protect vitamin C against oxidation within the body.*
- The human body can not produce bioflavonoids, so they must be supplied in the diet.

- **Bioflavonoid 1,000™ supports:**

- Cardiovascular Health*
- Eye Health*
- Skin Health*
- Vascular Integrity*

Ingredients of interest:

- **Mixed Citrus Bioflavonoids:**

- Citrus bioflavonoids are those bioflavonoids, found in citrus fruits such as lemon, orange, tangerine, grapefruit, etc.
- Citrus bioflavonoids possess antioxidant activities, which help to support healthy aging.*

- **Hesperidin:**

- The flavonoid hesperidin is a flavanone glycoside comprised of the flavanone (a class of flavonoids) hesperitin and the disaccharide rutinose.
- Hesperidin supports joint and nasal comfort as well as vascular function through its ability to interfere with the metabolism of arachidonic acid as well as with histamine release.*

- **Rutin:**

- Rutin is a bioflavonoid comprised of the flavonol quercetin and the disaccharide rutinose.
- Quercetin is an antioxidant that helps to maintain prostaglandin levels.*
- As an antioxidant, Rutin has been demonstrated to scavenge superoxide radicals.*
- Rutin may also help maintain levels of the biological antioxidant glutathione, the master antioxidant within all cells.* Taken with Vitamin C, it helps inhibit the oxidation of Vitamin C.

- **Bromelain:**

- Bromelain supports digestion of protein, which left undigested may promote certain allergic reactions in the body.*
- Bromelain is beneficial in treating swelling due to trauma or surgery.*

- **Pectin:**

- A natural fiber that supports vascular health by helping to keep cholesterol within normal ranges.*

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving:

Calcium	29 mg
Mixed Citrus Bioflavonoids	1000 mg
Hesperidin Bioflavonoid	200 mg
Rutin Bioflavonoid	50 mg
Bromelain	50 mg
Pectin	100 mg

Other ingredients: calcium carbonate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, vegetable stearate.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 tablet with each meal.

Sold Exclusively Through Retailers.

0300131.060 (60 Vegetarian Tablets)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2009 by FoodScience® of Vermont. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.

1-800-874-9444 • www.foodscienceofvermont.com