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**FOODSCIENCE®**  
*of Vermont*

## *Bromelain*

- **A dietary supplement to support joint comfort, healing and proper digestion.\***

### **Recommended for:**

- Circulation\*
- Healthy aging\*
- Healthy joints\*
- Mobility\*

### **About Bromelain:**

- Bromelain, derived from the pineapple plant, is one of a group of proteolytic enzymes.
- Proteolytic enzymes are capable of digesting protein especially a substance called fibrin.
- Fibrin is an insoluble protein that is associated with fluid retention and tissue injuries.
- Proper regulation of fibrinolysis (the process of breaking down/dissolving fibrin) can help maintain healthy blood flow by ensuring that tissue receives the blood and oxygen required to support healing.\*
- Each tablet is enteric coated so that Bromelain is released in the small intestine for optimal absorption.\*

### **Bromelain and Joint Support:**

- Bromelain supports joint comfort and for this reason is helpful in supporting the healing process of minor burns; injuries particularly sprains and strains; muscle injuries; and the discomfort, swelling and tenderness that accompany sports injuries.\*
- Bromelain contributes to joint comfort by helping to inhibit those prostaglandins that contribute to discomfort.\*

### **Supplement Facts**

#### **Serving Size: 1 Tablet**

#### **Amount Per Serving**

Bromelain	500 mg
(2,400 GDU/gram)	

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silicon dioxide, hydroxypropyl methylcellulose phthalate, talc, titanium dioxide.

**Warning:** If pregnant or nursing, consult your health care practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 tablet, twice daily between meals.

Sold Exclusively Through Retailers.

0300339.060 (60 Vegetarian Tablets)

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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