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FOODSCIENCE®
of Vermont

Bromelain

- **A dietary supplement to support joint comfort, healing and proper digestion.***

Recommended for:

- Circulation*
- Healthy aging*
- Healthy joints*
- Mobility*

About Bromelain:

- Bromelain, derived from the pineapple plant, is one of a group of proteolytic enzymes.
- Proteolytic enzymes are capable of digesting protein especially a substance called fibrin.
- Fibrin is an insoluble protein that is associated with fluid retention and tissue injuries.*
- Proper regulation of fibrinolysis (the process of breaking down/dissolving fibrin) can help maintain healthy blood flow by ensuring that tissue receives the blood and oxygen required to support healing.*
- Each tablet is enteric coated so that Bromelain is released in the small intestine for optimal absorption.*

Bromelain and Joint Support:

- Bromelain supports joint comfort and for this reason is helpful in supporting the healing process of minor burns; injuries particularly sprains and strains; muscle injuries; and the discomfort, swelling and tenderness that accompany sports injuries.*
- Bromelain contributes to joint comfort by helping to inhibit those prostaglandins that contribute to discomfort.*

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Bromelain	500 mg
(2,400 GDU/gram)	

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silicon dioxide, hydroxypropyl methylcellulose phthalate, talc, titanium dioxide.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 tablet, twice daily between meals.

Sold Exclusively Through Retailers.

0300339.060 (60 Vegetarian Tablets)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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