

Where Science and Nature Come Together.®

**FOODSCIENCE®**  
*of Vermont*

## *Chewable C-300*

- 300 milligrams of Vitamin C with bioflavanoids to increase effectiveness of Vitamin C in a great tasting cherry or orange-pineapple flavored chewable tablet.
- Vitamin C supports immune system function and collagen health.\* The primary function of Vitamin C is maintaining collagen.\* Vitamin C also helps form red blood cells, provides antioxidant protection against free radicals and supports the immune system.\*
- Vitamin C is a water-soluble antioxidant that neutralizes free radicals to prevent damage.\* It supports collagen production to benefit skin, teeth and bone health.\*
- Factors such as coffee, tea, smoking, illness, strenuous exercise and physical and mental stress all deplete Vitamin C levels in the body.\* The following drugs also tend to deplete Vitamin C in the system: Aspirin, Betapar, Brevicon, Cortisone, Demulen, Enovid, Indocin, Norinyl, Orasone, Prednisone and Sterazolidin.\*
- Chewable C-300 contains Bioflavanoids, which increase the effectiveness of Vitamin C by 50%.\* Pectin has been shown to be beneficial in managing cholesterol levels within normal ranges.\* Rose Hips are a great source of Vitamin C, but also contains pectin, citric acid and malic acid.
- An excellent supplement for children and people who have difficulty swallowing tablets.

### **Supplement Facts**

**Serving Size: 1 Tablet**

#### **Amount Per Serving**

Calories	10
Total Carbohydrates	2 g
Total Sugars	1 g
Vitamin C (as ascorbic acid)	300 mg
Mixed Citrus Bioflavonoids	30 mg
Pectin	5 mg
Rose Hips	5 mg

Other ingredients (Orange-Pineapple): fructose, sorbitol, microcrystalline cellulose, magnesium stearate, stearic acid, natural and artificial flavors, riboflavin (color).

Other ingredients (Cherry): sorbitol, fructose, microcrystalline cellulose, silicon dioxide, magnesium stearate, stearic acid, beet root (color), natural cherry flavor.

**Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

**Suggested Use:** As a dietary supplement, take one chewable tablet with each meal.

**Sold Exclusively Through Retailers.**

Chewable C-300

Cherry

0300142.090 (90 Vegetarian Chewable Tablets)

Orange-Pineapple

0300145.090 (90 Vegetarian Chewable Capsules)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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