

Where Science and Nature Come Together.®

FOODSCIENCE®
of Vermont

Chromemate®

- **Chromemate® is a chromium supplement to support proper glucose and cholesterol functions.***
- Chromemate® is a chromium polynicotinate and niacin combination that can help the body to build lean muscle mass, maintain glucose and cholesterol within normal ranges, and metabolize fat more efficiently.*
- Chromemate® brand chromium is a niacin bound chromium complex, which is the active Glucose Tolerance Factor (the factor responsible for attaching insulin to cell membrane receptor sites where insulin functions). Chromium is a co-factor in metabolism of sugars, carbohydrates and proteins ensuring optimum utilization as energy opposed to being stored as fat.

Chromemate® supports:

- Appetite and weight management*
- Glucose utilization*
- Healthy cholesterol ratios*
- Lean body mass*

Appetite and Weight Management:

- Chromium helps regulate blood sugar levels, helps the body stay in a fat burning mode, helps control appetite and cravings, supports weight management and helps to preserve lean tissue.*

Glucose Utilization:

- Chromium is a critical cofactor for glucose control, helping to transport blood sugar (glucose) into cells.*

Healthy Cholesterol Ratios:

- The average American diet is chromium deficient. Chromium is a trace mineral used by the body to regulate HDL-to-LDL ratios.* The body best absorbs chromium when it is taken in a form called chromium polynicotinate. Polynicotinate ensures bioavailability.

Lean Body Mass:

- Chromium plays an essential role in the metabolism of lipids and glucose by promoting the binding between insulin and its receptors.*
- Insufficient chromium is associated with insulin resistance, resulting in gradual, unfavorable changes in body composition.*
- Insulin is the primary, anabolic hormone and plays a role in thermogenesis.*

Supplement Facts

Serving Size: 1 Capsules

Amount Per Serving

Niacin	1.4 mg
Chromium (as Cr. Polynicotinate)	200 mcg

Other ingredients: cellulose, gelatin, vegetable stearate.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 capsule daily with a meal.

Chromemate® is a registered trademark of Interhealth, N.J.

Sold Exclusively Through Retailers.

0300205.090 (90 Capsules)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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