

Where Science and Nature Come Together.®

# FOODSCIENCE® of Vermont

## Kids Superior®

- A great tasting, bear shaped chewable multiple vitamin/mineral supplement for children. TROPICAL punch flavor kids will love!
- **Kids Superior®** contains a full range of nutrients formulated for children's requirements with an emphasis on bioavailability, balance and potency.
- **Bioavailability and Form:** All nutrients in **Kids Superior®** are specifically selected for enhanced bioavailability. For example, Vitamin E is in the natural d-alpha tocopheryl succinate form. Vitamin A is from fish liver oil and Beta carotene. Beta carotene is converted into Vitamin A only if the body requires it by providing Vitamin A in this form any possibility of excess levels is avoided.
- **Bone health and growth** requires adequate dietary intake of all the B Vitamins along with Vitamin D, Calcium (provided in the carbonate form for increased assimilation), Magnesium, Silicon (from pectin) and Zinc. Vitamin D is adjusted to account for the Vitamin D children get from milk and other sources.
- **Metabolic function:** Glucose metabolism and balanced blood glucose levels are supported by vitamins C, E, B3, B6, B12, Biotin, Chromium, Magnesium and Manganese.\*
- **Lipotropic factors** like Choline and Inositol support fat metabolism and myelin sheath function to keep nerves healthy and functioning correctly.\*
- **Antioxidant support** is provided by Vitamins A, C, E, Beta-Carotene and bioflavonoids (mixed citrus bioflavonoids and Hesperidin) which increase the effectiveness of Vitamin C by 50%. They also support immunity and activity of other antioxidants within the body.\*

### Supplement Facts

**Serving Size: 1 Chewable Tablet**

#### Amount Per Serving

Vitamin A (as Retinyl Acetate & 50% Beta Carotene)	5,000 IU
Vitamin C (as Ascorbic Acid)	120 mg
Vitamin D3 (as Cholecalciferol from Cod)	400 IU
Vitamin E (as dl-alpha tocopheryl acetate)	40 IU
Thiamin Mononitrate (Vitamin B1)	1.5 mg
Riboflavin (Vitamin B2)	1.7 mg
Niacin (as Niacinamide)	20 mg

Vitamin B6 (as Pyridoxine HCl)	2 mg
Folic Acid	400 mcg
Vitamin B12 (as Cyanocobalamin)	6 mcg
Biotin	300 mcg
Pantothenic Acid	10 mg
Calcium (as Ca Carbonate)	100 mg
Iron (as Fe Fumarate)	2 mg
Iodine (from kelp)	70 mcg
Magnesium (as Mg Oxide)	20 mg
Zinc (as Zn Oxide)	5 mg
Selenium	5 mcg
Copper (as Cu Gluconate)	200 mcg
Manganese (as Mn Sulfate monohydrate)	250 mcg
Chromium (as Cr A.A. Chelate)	5 mcg
Molybdenum (as Mo A.A. Chelate)	2.5 mcg
Potassium (as K Gluconate)	4 mg
Soy Lecithin	10 mg
Choline (as Choline Bitartrate)	2 mg
Inositol	2 mg
PABA (para-aminobenzoic acid)	2 mg
Citrus Bioflavonoids	5 mg
Hesperidin	2.5 mg
Pectin	2.5 mg
Stevia Leaf Extract	10 mg

Other ingredients: fructose, mannitol, stearic acid, silica, natural orange flavor, vegetable stearate, natural pineapple flavor, natural strawberry flavor.

- **Contains: Cod fish oil and soy.**

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

- **Suggested Use:**  
As a dietary supplement, take with food.  
Age 4-8 years: Take one tablet daily.  
Age 9-16 years: Take one tablet, one to three times daily.
- **Sold Exclusively Through Retailers.**  
0300190.090 (90 Chewable Tablets)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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