

Where Science and Nature Come Together.®

**FOODSCIENCE®**  
*of Vermont*

## *L-Lysine*

- **A vegetarian dietary supplement to support the body's antibody, hormone and enzyme functions.\***
- L-Lysine is a basic building block of all protein. It is an essential amino acid in that it is required for human nutrition, but is not produced by the body.

- **Lysine is required for:**

- Growth and bone development in children\*
- Assisting calcium absorption\*
- Maintaining correct nitrogen balance in the body\*
- Maintaining lean body mass\*
- Antibody, hormone and enzyme production \*
- Collagen formation and tissue repair\*

- **L-Lysine supports:**

- Building of muscle protein\*
- Recovery from injuries and operations\*
- Management of cold sores\*

- **L-Lysine deficiency may result in:**

- Enzyme disorders\*
- Lack of energy\*
- Weight loss\*
- Slow growth\*
- Poor appetite\*
- Poor concentration\*

### **Supplement Facts**

**Serving Size: 1 Tablet**

**Amount Per Serving**

L-Lysine 500 mg

Other ingredients: stearic acid, vegetable stearate, croscarmellose sodium, silica.

**Warning:** If pregnant or nursing, consult your health care practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 tablet, 1 to 3 times daily between meals.

Sold Exclusively Through Retailers.

0300281.100 (100 Vegetarian Tablets)

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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