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FOODSCIENCE®
of Vermont

Lutein

- **A dietary supplement to support eye health.***
- Eye health can be affected by light radiation, sun exposure and dietary deficiencies.
- More than any other tissue in the body, the lens and retina of the eye are continually subjected to oxygen free radicals and damaging UV light that can damage the delicate structures of the eye.
- As people age their antioxidant levels decrease, which is why it is important to provide antioxidants to help support neutralization of harmful free radicals that can damage eye structures and function.*
- **Recommended for:**
 - Optimal support of eye function and health*
 - Improving antioxidant protection of the eye*
- Lutein is an antioxidant carotenoid that is found in nature with Zeaxanthin. Both support eye health by reducing the effects of oxidative stress to the macula and lens of the eye.*
- Lutein is found in high concentrations in the retina and macula of the eye. It is a powerful antioxidant that helps protect the eye from damaging effects of sunlight and age-related dysfunction.*

- Lutein may help filter out harmful high-energy blue wavelengths from natural and artificial light that could damage sensitive eye structures.* It may also help visual acuity and glare sensitivity.*
- Lutein was also found to fortify the macular layer of the eye, increase macular pigment, and support overall eye health.*

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Lutein	10 mg
Zeaxanthin	1 mg

Other ingredients: cellulose, vegetable cellulose, silicon dioxide, vegetable stearate.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

- **Suggested Use:** As a dietary supplement take one capsule, 1-4 times daily with food.

Sold Exclusively Through Retailers.

0300261.060 (60 Vegetarian Capsules)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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