

Where Science and Nature Come Together.®

FOODSCIENCE®
of Vermont

Neptune Krill Oil

- A 100% pure NKO® supplement to support joint & cognitive functions and cardiovascular health*
- **NKO® Krill Oil** is derived from Antarctic Krill, which naturally contain a unique blend of omega-3 and omega-6 fatty acids, phospholipids and choline, as well the antioxidants: Vitamins A and E and astaxanthin.

NKO® Krill Oil is a supplement that supports:

- healthy cardiovascular function*
- joint and skin health*
- mental alertness*
- menstrual comfort*

Superiority of NKO®:

- **NKO® Krill Oil** is Independently Tested for superior antioxidant activity, stability and safety.
- The fats in **Neptune Krill Oil** are in the form of phospholipids, which means they are highly bioavailable, absorbable and immediately available to help protect cell membranes.*

Antioxidant Support:

- NKO® has potent antioxidant activity. It has a ORAC value of 378 (fish oil has an ORAC value of 8).
- These antioxidants support health, but also stabilize the fat to keep it from getting a fishy taste.*

Cardiovascular Health:

- Omega 3 fatty acids support cardiovascular function.*
- EPA and DHA help maintain cholesterol levels within normal ranges.*

Cognitive Support:

- Phospholipids are fundamental in maintaining and supporting optimal brain function.*
- The ratio of fats in NKO® phospholipids are similar to that found in the human brain.
- NKO® supplies significant amounts of highly bioavailable Omega-3 fatty acids, which support brain health and function.*
- EPA and DHA support emotional symptoms related to physiological conditions and stress.*

Joint Function Support:

- NKO® krill oil may be beneficial to joint health.*
- NKO® supports healthy prostaglandin production.*
- NKO® krill oil has been clinically shown to maintain healthy levels of C-Reactive Protein (CRP), a protein associated with joint health.*
- EPA and DHA support joint comfort.*

PMS Support:

- Phospholipids, DHA and EPA work together to reduce the discomfort associated with PMS.* Phospholipids also exert a balancing effect on certain important brain neurotransmitters that affect the emotional and psychological aspects of PMS.*
- Research studies indicate that women consuming NKO® experienced less abdominal swelling and discomfort during the menstruation cycle.* It has been shown to help alleviate cramps, water-retention and mild mood changes associated with PMS.*

Supplement Facts

Serving Size: 2 Softgels

Amount Per Serving

Calories	10
Calories from fat	10
Total Fat	0.5 g
Saturated Fat	0 g
Vitamin A (from Neptune krill oil)	100 IU
Vitamin E (from Neptune krill oil)	0.5 IU
Sodium (from Neptune krill oil)	5 mg
Neptune Krill Oil (NKO® brand)	1,000 mg
Yielding: Phospholipids (Omega 3 complex)	440 mg
Omega 3 fatty acids	300 mg
EPA	150 mg
DHA	90 mg
Omega 6 fatty acids	20 mg
Omega 9 fatty acids	75 mg
Astaxanthin	1.26 mg
Phosphatidylcholine	55 mg

Other ingredients: soft gelatin capsule (fish gelatin from tilapia scales), glycerin, purified water, natural lemon flavor.

Contains: Krill (a crustacean shellfish) and Tilapia (fish).

NKO® is manufactured by Neptune Technologies & Bioresources Inc., Quebec, Canada

Warning: If you are pregnant or nursing, allergic to fish & seafood, have a blood coagulation condition, or are taking anticoagulants, such as warfarin, consult your healthcare practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take two softgels daily with breakfast for one month. Then take one softgel daily with food thereafter.

Sold Exclusively Through Retailers.

0300995.060 (60 Softgels)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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