

Where Science and Nature Come Together.®

FOODSCIENCE®
of Vermont

Sublingual B12+ *Sublingual B12-MC*

- FoodScience's Sublingual B12 formulas are a synergistic combination of Vitamin B12 and Folic Acid.
- B vitamins are important to proper circulatory function, for maintaining blood pressure within normal ranges, and preserving proper cholesterol and homocysteine levels.*
- Vitamin B12 supports nerve health by maintaining the fatty sheaths that cover and protect nerve endings.*
- Vitamin B12 has also been shown to enhance sleep patterns, allowing for more restful and refreshing sleep.*
- Vitamin B12 also benefits vegetarians who are often deficient due to dietary restrictions.*
- Folic Acid and Vitamin B12 are needed for the formation of red blood cells to help support capillary blood flow and is necessary to turn homocysteine into methionine, which allows the body to recycle or remove homocysteine as needed.*
- FoodScience's Sublingual B12+ provides 1,000 mcg of Vitamin B12 and 100 mcg of Folic Acid in each sublingual tablet for optimal absorption.
- Methylcobalamin is the bioactive form of B12. In fact, 80% of Vitamin B12 in plasma is in the methylcobalamin form. Folic Acid may help with fluctuating moods and anxiety and is needed for protein metabolism and repair of RNA and DNA.*
- FoodScience provides Sublingual B12-MC which provides 1,000 mcg of Vitamin B12 in the methylcobalamin form and 100 mcg of Folic Acid in each sublingual tablet.
- FoodScience's Sublingual B12 formulas can be absorbed in the mouth, so it bypasses the need for the intrinsic factor in the stomach. This is especially important for the elderly as the intrinsic factor declines with age.

- Both Sublingual B12 formulas are completely vegetarian and come in a pleasant-tasting cherry flavor.

Sublingual B12+

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Vitamin B12 (Cyanocobalamin)	1,000 mcg
Folic Acid	100 mcg

Other ingredients: mannitol, sorbitol, natural cherry flavor, cellulose, vegetable stearate, silica.

Sublingual B12-MC

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Vitamin B12 (Methylcobalamin)	1000 mcg
Folic Acid	100 mcg

Other ingredients: mannitol, sorbitol, natural cherry flavor, cellulose, vegetable stearate, silica.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

- **Suggested Use for Both formulas:** As a dietary supplement, take one tablet daily by dissolving under tongue.

Sold Exclusively Through Retailers.

Sublingual B12+
0300122.100 (100 Sublingual Vegetarian Tablets)

Sublingual Vitamin B12-MC
0300115.100 (100 Sublingual Vegetarian Tablets)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2009 by FoodScience® of Vermont. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.

1-800-874-9444 • www.foodscienceofvermont.com