

Where Science and Nature Come Together.®

# FOODSCIENCE® of Vermont

## Superior Greens™

- A dietary supplement to support detoxification functions.\*

### Superior Greens™:

- Is a great tasting, easy-to-mix powder available in a 30 serving container and boxes of 15 and 30 individual packets.
- Combines nutrient rich vegetables, fruits and herbs with enzymes and probiotic cultures.
- Supports the body's ability to cleanse, detoxify and rejuvenate.\*
- Supports the body's antioxidant defense system and immune system functions.\*
- Supports detoxification and G.I. Tract health.\*

### Detoxification Support

- Spirulina and Chlorella are both sources of blue-green algae, which has a rich nutrient profile and is a potent antioxidant.\*
- Spirulina supports healthy functioning of the liver and immune system, to aid in detoxification.\*
- Chlorella supports cell reproduction, as well as restorative processes that promote healthy organs and tissues.\* Chlorella also aids the body in the breakdown of unwanted materials like heavy metals and supports proper digestion by promoting the growth of beneficial bacteria and assisting in the elimination of unwanted materials from the body.\*

### Antioxidant Support

- Red Raspberry supports capillary strength.\*
- Cranberry supports urinary tract health and function by keeping unwanted materials from adhering to the cell walls of the bladder.\*
- Blueberry supports eye, urinary tract and cardiovascular health and gastrointestinal function.\*
- Bilberry has traditionally been used to support proper functioning of the eye.\* It helps to synthesize compounds that maintain artery walls, support connective tissue health and strengthen capillaries.\*
- Grape Seed Extract plays a role in the stabilization of collagen and maintenance of elastin, thereby supporting organ, joint, blood vessel and muscle functions.\*

### Digestive Support

- FOS aids in the elimination of unwanted substances and supports G.I. Tract health.\* Fructooligosaccharides (FOS) are considered a soluble fiber and pre-biotic that supports the growth of beneficial bacteria.\* Since FOS is not digested it increases the material in the digestive tract and promotes regularity.\*

### Immune System Support

- Oat Beta-Glucans support immune system function.\* Oat Beta-1,3-Glucans extracted from oats are a highly researched polysaccharide with immune supporting properties.\* They support the activity of macrophages that clear away cellular debris and other unwanted materials by digesting them.\*

### Supplement Facts

**Serving Size: 1 Scoop (11.88 Grams) or 1 Packet:**

#### Amount Per Serving

Calories	50
Fat Calories	8
Total Fat	<1 g
Total Carbohydrates	9 g
Sugars	2 g

Fiber***	3 g
Protein	1 g
Vitamin A	743 IU
Vitamin C	77.69 mg
Calcium	25.8 mg
Iron	2.57 mg
Sodium	32 mg
Proprietary Superfood Blend	5,540 mg
Containing Soy Lecithin Powder, Spirulina, Barley Grass Powder, Carrot Powder, Chlorella-Cracked Cell Powder, Wheat Grass Powder, Alfalfa Powder, Beet Juice Powder, Cauliflower Powder, Flax Seed Meal, Parsley Juice Powder, Spinach Leaf Powder, Broccoli Powder, Horsetail Rush, Oat Beta Glucan, Rosemary Leaf Powder, Eleutherococcus senticosus (Siberian Ginseng) root, Aloe Leaf Powder, Licorice root powder.	
Soluble Fiber (Fibersol-2™ brand digestion resistant maltodextrin)	2,000 mg
Proprietary Fruit Blend	1,200 mg
Containing Red Raspberry Powder, Apple Pectin, Acerola Berry Juice Powder, Rose Hips, Citrus Bioflavonoids, Blueberry Powder, Cranberry Juice Powder	
Proprietary Digestive Blend	660 mg
Containing Bromelain, Papain	
FOS (Fructooligosaccharides)	500 mg
Red Grape Seed Extract	300 mg
Non-Dairy Probiotic Culture	200 mg
Royal Jelly Powder	150 mg
Bee Pollen Powder	100 mg
Bilberry Extract	80 mg
Milk Thistle Extract	60 mg
DMG HCl	50 mg
Grape Seed Extract	50 mg
Green Tea Extract	50 mg
Stevia Leaf Extract	35 mg

Other Ingredients: natural apple flavor, cinnamon powder.

- **Contains: Soy and wheat.**

\*\*Product contains natural sources of Vitamin A, Vitamin C, Calcium, Iron and Sodium.  
\*\*\* Fibersol-2™ fiber content is tested using AOAC method #2001.03

**Warning:** If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

- **Suggested Use:** As a dietary supplement, mix 1 heaping scoop (11.88 gm) or 1 packet, daily in 8 oz. of cold water or juice.

Fibersol-2™ is a trademark of Matsutani Chemical Industry Co., LTD

- Sold Exclusively Through Retailers.
- 0300733.030 (30 Vegetarian Servings)
- 030B733.015 (15 Packet Box)
- 030B733.030 (30 Packet Box)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2009 by FoodScience® of Vermont. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.

1-800-874-9444 • www.foodscienceofvermont.com