

Where Science and Nature Come Together.®

**FOODSCIENCE®**  
*of Vermont*

## Tonalin® CLA

- **A dietary supplement to support weight management and healthy cortisol function.\***
- **Tonalin® CLA** is the patented form of CLA that is proven to be effective in increasing lean muscle mass and decreasing fat.\*
- Tonalin® brand CLA (Conjugated Linolenic Acid) helps the body metabolize existing fat deposits.\* This fat then returns to the blood stream where it is used as energy by muscle cells and the liver.\* **Tonalin® CLA** is a great way to reduce fat and increase lean muscle mass safely and effectively.\*
- **Recommended for:**
  - Maintaining blood glucose and cholesterol levels within normal ranges\*
  - Weight Management\*
  - Energy and improved muscle mass for Weight Lifters/ Body Builders\*
- **Tonalin® CLA** is completely natural and does not contain any stimulants or artificial ingredients.
- CLA reduces body fat and tones muscles by decreasing the ability of fat storage cells to take dietary fats from the bloodstream.\* Existing fat cells shrink and new fat cells are prevented from forming.\* In addition, Tonalin® boosts metabolism and improves the breakdown of fat in muscle cells for energy.\* The result is a better appearance by decreasing fat and increasing lean muscle\*.
- **Tonalin® CLA:**
  - Reduces ability of fat storage cells to take dietary fats from the bloodstream.\*
  - Increases breakdown of fat in muscle cells for energy.\*
  - Increases metabolic rate to burn fat for energy more quickly.\*
  - Supports decreased fat accumulation in the abdominal area.\*

- **Studies have shown CLA:**
  - Supports blood glucose levels within normal ranges.\*
  - Supports cholesterol and triglyceride levels within normal ranges.\*
  - Has no adverse side effects.\*
- Each softgel contains 1,000 mg of Safflower oil, which yields 72-82% CLA (and other monounsaturated acids).

### Supplement Facts

**Serving Size: 1 Softgel**

#### Amount Per Serving

Calories	10
Calores from Fat	10
Total Fat	1 g
Safflower Oil	1,000 mg
yielding (Tonalin® brand) CLA	800 mg

Other ingredients: gelatin, glycerin, purified water, caramel color, mixed tocopherols.

**Warning:** If you are pregnant or nursing, consult your healthcare practitioner before taking this or any nutritional product.

- **Suggested Use:** As a dietary supplement, take 1 softgel, 3 times daily with meals.

Sold Exclusively Through Retailers.

0300405.090 (90 Softgels)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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