

Where Science and Nature Come Together.®

FOODSCIENCE® of Vermont

Ultimate Care™

Ultimate Care™ is a vegetarian multi-vitamin/mineral formula with a full spectrum of nutrients not found in other multiples.

Ultimate Care™ delivers 68 well-balanced nutrients that take the guess work out of daily supplementation.

Ultimate Care™ provides comprehensive nutrition to support the body's main systems including:

- The Brain and Nervous system*
- Liver, Heart and Vascular System*
- Immune System*
- Musculoskeletal System*
- Energy production*
- Digestion, Metabolism, and Antioxidant Defense*

Ultimate Care™ contains:

- A proprietary ORAC blend yielding 6,000 units
- Coenzyme Q10 for cardiovascular support*
- Ginkgo, Inositol and Phosphatidyl Choline for mental energy and acuity*
- N-Acetyl-L-Cysteine and Alpha Lipoic Acid for antioxidant protection*
- Probiotics & digestive enzymes for G.I. Tract health*

IMPORTANT FEATURES INCLUDE:

Antioxidant Defense and Glutathione: A good antioxidant defense is important in a superior multi. Glutathione is the master antioxidant inside the body.* Alpha Lipoic Acid, selenium, vitamin C, TMG, and N-Acetyl Cysteine are included as precursors to glutathione synthesis. An antioxidant spectrum of natural Vitamin E, Vitamin C, Beta Carotene, Selenium, Lutein, Coenzyme Q10, Lycopene, Proanthocyanidins, along with an ORAC blend of Green Tea Extract, Grape Seed Extract, Apple, Blueberry, Broccoli, Cranberry, Kale, Orange, Prune, Raspberry, Spinach and Strawberry powders have been included to support the immune and antioxidant defense systems.*

Bioflavonoids & Phenolic Compounds: A mixture of citrus bioflavonoids, quercetin, hesperidin, rutin, bilberry, green tea catechins and proanthocyanidins have been included to support the immune system, capillary and connective tissue health.* Bioflavonoids also increase the effectiveness of Vitamin C by 50%.* This superior multi-vitamin contains a multitude of phenolic compounds including catechins from Green Tea, Quercetin, various flavonoids, ORAC blend, and Ginkgo.

Bone Health Complex: Vitamin D, Vitamin C, folic acid, B6, B12, boron, calcium, magnesium, silicon and zinc have been included to support bone strength and density.*

Cardiac Support: Natural Vitamin E, Coenzyme Q10, magnesium, Lycopene, and gamma tocopherol have been included to support circulation, energy production and to provide antioxidant support.*

Digestion & G.I. Tract Health: Digestive enzymes and probiotics help to support digestion of food from the diet and promote G.I. Tract health.*

Homocysteine Management Support: B6, B12 and folic acid along with DMG and TMG have been included to support methylation and the recycling of homocysteine.*

Immune System Support: Vitamins A, C, B6, E, Folic Acid, Zinc, and Iron are all added to support a healthy immune system.*

Lipotropic Factors: Choline, Phosphatidyl Choline and Inositol all catalyze fat metabolism and have been included for their benefits in the area of mental and physical energy.*

Metabolic Support: DMG, Chromium polynicotinate (Chromemate™ brand), Vanadyl sulfate and Coenzyme Q10 have been included to support glucose metabolism and the ability to generate, store, and utilize energy.* Iodine supports thyroid function and energy production.*

Supplement Facts

Serving Size: 4 Tablets

Amount Per Serving

Vitamin A (3,750 IU as Palmitate, 6,250 IU as Beta Carotene)	10,000 IU
Vitamin C (as Ascorbic Acid)	1000 mg
Vitamin D2 (as Ergocalciferol)	200 IU
Vitamin E (as d-Alpha Tocopheryl Succinate)	250 IU
Thiamin (as Thiamin HCl)	25 mg
Riboflavin	25 mg

Niacin (as Niacinamide)	37.5 mg
Vitamin B6 (as Pyridoxal-5 Phosphate)	37.5 mg
Folic Acid	400 mcg
Vitamin B12 (as Methylcobalamin)	150 mcg
Biotin	300 mcg
Pantothenic Acid (as D-Calcium Pantothenate)	45 mg
Calcium (as Ca Carbonate, Ca Citrate, D-Calcium Pantothenate)	400 mg
Iron (as Fe Fumarate)	11.5 mg
Iodine (from Kelp)	50 mcg
Magnesium (as Mg Oxide & Mg Citrate)	200 mg
Zinc (as Zn Gluconate)	11.5 mg
Selenium (as Selenomethionine)	75 mcg
Copper (as Cu Gluconate)	1 mg
Manganese (as Mn Amino Acid Chelate)	5 mg
Chromium (as Cr Polynicotinate)	150 mcg
Molybdenum (as Na Molybdate)	50 mcg
Potassium (as K Gluconate)	150 mg
ORAC Blend	500 mg

A proprietary blend of:

Green Tea Extract Powder, Grape Seed Extract Powder, Apple Powder, Blueberry Powder, Broccoli Powder, Cranberry Powder, Kale Powder, Orange Powder, Prune Powder, Raspberry Powder, Spinach Powder, Strawberry Powder

Soy Lecithin	175 mg
Citrus bioflavonoids	150 mg
N-Acetyl-L-Cysteine	75 mg
Inositol (from soy)	62.5 mg
Rutin	50 mg
Hesperidin	50 mg
Quercetin	50 mg
Trimethylglycine (as Betaine Anhydrous)	37.5 mg
DMG HCl	37.5 mg
Vanadyl Sulfate	37.5 mcg
Coenzyme Q10	25 mg
Choline (as Choline Bitartrate)	25 mg
Gamma Tocopherol	25 mg
PABA	25 mg
Alpha Lipoic Acid	17.5 mg
Ginkgo Biloba Extract	12.5 mg
Yielding Ginkgo flavone glycosides	3 mg
Phosphatidylcholine	12.5 mg
Amylase	12 mg
Bromelain	12 mg
Cellulase	12 mg
Lactase	12 mg
Lipase	12 mg
Papain 12 mg	
Protease	12 mg
Silicon (from horsetail rush)	4 mg
Lutein	2.5 mg
Lycopene	2.5 mg
Boron (Boron Amino Acid Chelate)	1.5 mg
Zeaxanthin	0.5 mg
Bifido Bacterium longum	5.0 billion CFU
Lactobacillus acidophilus	5.0 billion CFU
Lactobacillus casei	2.0 billion CFU
Lactobacillus rhamnosus	1.0 billion CFU

Other ingredients: stearic acid, microcrystalline cellulose, magnesium stearate, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose (coating).

Contains: Soy.

Warning: If you are pregnant or nursing, consult your healthcare practitioner before taking this product.

WARNING: This product contains lead, a chemical known to the State of California to cause birth defects and other reproductive harm.

Suggested Use: As a dietary supplement, take 4 tablets with breakfast and 4 tablets with lunch.

Sold Exclusively Through Retailers.

0300881.240 (240 Vegetarian Tablets)

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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